Principal’s Message
Pam Walmsley (Relieving)

Welcome back to Term 2.
I am looking forward to a busy and productive term with a continued focus on developing our literacy and numeracy teaching and learning programs and developing partnerships with parents to ensure the best possible educational outcomes for all children. I would also like to welcome Miss Janes to Sutherland North PS. Mr Warwick, Mrs Soames, Mrs Connor and Mrs Kinred are taking long service leave over the next few weeks. Mr Warwick is being replaced by Mrs Whicker, Mrs Soames is being replaced by Mr Haugh and Mr Symes, Mrs Doohan and Mrs Macks are replacing Mrs Connor and Mrs Kinred is being replaced by Miss Field.

ANZAC Day Service
ANZAC Day fell in the school vacation period this year. The school will conduct its annual service on Friday 2 May as part of the K-6 Assembly starting at 12.30pm. Parents and other family members are invited to join us for this special event.

Term 2 & 3 Friday Assembly
Friday assembly will be held at 11.30am commencing Friday 2 May due to the change of time for PSSA Winter Sport. If your child is in a PSSA sport team please remember to clearly mark their lunch order with SPORT so that the canteen knows to have their lunch order ready.

Cross Country Carnival
The Cross Country Carnival will be held on Thursday 1 May 2014 on the school grounds. Students turning 8 this year and older will participate in this event. Students will need to wear their sports uniform and shoes. It is important that all students have a refillable drink bottle on this day. All students will participate and walking the course is allowed.

Applications for Opportunity Class for students entering Year 5 in 2015
Online applications open on Monday 28 April 2014. Application packages will be available in schools from 28 April 2014. All other applicants must complete an official printed application.
form which will be available from school from 28 April 2014. Late applications will not be accepted after the closing date of 16 May 2014. Further information will be sent home to Year 4 parents when it is received by the school. Further information can be obtained from www.schools.nsw.edu.au/ocplacement.

Winter Uniform

Thank you for supporting the wearing of full school uniform. School uniform contributes to the tone of a school and to the behaviour of students. As the cooler weather has now arrived please support our Uniform Policy by sending your child to school in the winter school uniform each day including the maroon school jumper, sport uniform on Friday (maroon shorts or school tracksuit) & school hat. Please remember that our uniform includes black shoes with white socks for girls & grey socks for the boys. I would also ask that girls don’t wear tights or tracksuit pants under their summer tunics. Please ensure that all clothing is labelled.

National Assessment Program – Literacy & Numeracy

NAPLAN tests will be held on 13-15 May 2014 for students in Years 3, 5, 7 and 9. Parents or carers of students who sit for the NAPLAN tests will receive a written report of their child’s achievement in September 2014. For further information about NAPLAN see http://www.nap.edu.au/

Kindergarten Enrolments 2015

We are now accepting enrolment applications for 2015. Any school families with pre-schoolers turning 5 years by 31 July 2015 and are ready for school are eligible to enrol. If you have family, friends or neighbours interested in enrolling at Sutherland North, please encourage them to enrol soon, so that plans for transition to Kindergarten can be developed. There will be a Kindergarten 2015 Information Meeting at 10am on Thursday 5th June for interested parents/carers. We will also be holding a Starting School information session for parents at 7.30pm on Tuesday 22 July, 2014. Our Kindergarten Transition activities for the children will be held in Term 4.

Stage 3 Canberra Excursion

It is now only 4 weeks until the overnight excursion to Canberra. Final payments are due to the office by Friday 9th May 2014. If payment is not received by this date, and the office has not been contacted, places will be given to a student on the waiting list. Should you need to speak with me regarding the payment or excursion please phone the office.

Mufti Day and Mother’s Day Stall

Today the students had a Mufti Day and as payment for being out of uniform they needed to bring in either a new gift or $5 (for us to purchase a suitable gift) for resale at our Mother’s Day Stall. The gifts will be wrapped on Monday 5 May at 9am in the school hall. Helpers are very welcome. Helpers to sell on the stall are also needed. The gifts will be available for purchase for at our Annual Mother’s Day Stall which will be held on Wednesday 7 May. All gifts will be $5. Funds raised from our Mother’s Day Stall will be used for extra resources in our classrooms.

Dancing

Today students in the Wednesday Dance Group had extended practices with Mrs Kinred. Thank you to Mrs Kinred for giving up her time on LSL to provide extra tuition to the group in preparation for upcoming performances.
Canteen
New volunteers are always welcome. Please contact Jemima 0411 521 621 or Nikki 0404 040 818, or complete the volunteer form below.

<table>
<thead>
<tr>
<th>WEEK 1</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
</tr>
</thead>
<tbody>
<tr>
<td>28/4-2/5</td>
<td>CLOSED</td>
<td>No Lunch Orders</td>
<td>Cheryl Braincourt</td>
<td>Leanne Pullen</td>
<td>Monica Brabant</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Katrina Braincourt</td>
<td></td>
<td>Victoria Parsons</td>
</tr>
<tr>
<td>WEEK 2</td>
<td>Mien Tze Ng</td>
<td>June O'Brien</td>
<td>Beth Kendrick</td>
<td>Fiona O'Brien</td>
<td>Phyllis &amp; Ian Elton</td>
</tr>
<tr>
<td>5/5-9/5</td>
<td></td>
<td></td>
<td>Vanessa Do Como</td>
<td></td>
<td></td>
</tr>
<tr>
<td>WEEK 3</td>
<td>FRESH MONDAY -</td>
<td>Megan Salomo</td>
<td>Katrina Braincourt</td>
<td>Jo Hnniset</td>
<td>Jennifer Swan</td>
</tr>
<tr>
<td>12/5-16/5</td>
<td>TBA Butter Chicken &amp; Rice</td>
<td></td>
<td>Jean Barrett</td>
<td></td>
<td>Lesley Wells</td>
</tr>
<tr>
<td>WEEK 4</td>
<td>Ray &amp; Brenda Leonard</td>
<td>Brooke Moody</td>
<td>Rachel Graham</td>
<td>Sonya Bradford</td>
<td>Nicole Mogensen</td>
</tr>
<tr>
<td>19/5-23/5</td>
<td></td>
<td></td>
<td>Mien Tze Ng</td>
<td></td>
<td>Vanessa Streeter</td>
</tr>
<tr>
<td>WEEK 5</td>
<td>TRY SOMETHING NEW Ham &amp; Cheese Croissant N Hill</td>
<td>Natalie Skinner</td>
<td>NEED HELP</td>
<td>Vanessa Home</td>
<td>Monica Brabant</td>
</tr>
<tr>
<td>26/5-30/5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Annika Leonard</td>
</tr>
<tr>
<td>WEEK 6</td>
<td>Barb &amp; Ray Leonard</td>
<td>Megan Salomo</td>
<td>Vanessa Do Como</td>
<td>Leanne Pullen</td>
<td>Phyllis &amp; Ian Elton</td>
</tr>
<tr>
<td>2/6-6/6</td>
<td></td>
<td></td>
<td>Jean Barrett</td>
<td></td>
<td></td>
</tr>
<tr>
<td>WEEK 7</td>
<td>CLOSED</td>
<td>Katrina Braincourt</td>
<td>Rachel Graham</td>
<td>Elisa Fulton</td>
<td>Victoria Parsons</td>
</tr>
<tr>
<td>9/6-13/6</td>
<td></td>
<td></td>
<td>Mien Tze Ng</td>
<td></td>
<td>Jane Love</td>
</tr>
<tr>
<td>WEEK 8</td>
<td>FRESH MONDAY -</td>
<td>Kate Corbin</td>
<td>Anne Davies</td>
<td>Katrina Braincourt</td>
<td>Jennifer Swan</td>
</tr>
<tr>
<td>16/6-20/6</td>
<td>TBA Beef Strog &amp; Pasta N</td>
<td></td>
<td>Jean Barret</td>
<td></td>
<td>Lesley Wells</td>
</tr>
<tr>
<td>WEEK 9</td>
<td>Elisa Fulton Kate O'Brien</td>
<td>Alison Barry</td>
<td>Beth Kendrick</td>
<td>Fiona O'Brien</td>
<td>Jemima Jupp</td>
</tr>
<tr>
<td>23/6-27/6</td>
<td></td>
<td></td>
<td>Vanessa Do Como</td>
<td></td>
<td>Niccole Mogensen</td>
</tr>
</tbody>
</table>

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Canteen Volunteer Form 2014 – Term 2

Your Name: 

Child’s Name: ___________________________ Class: ___________________________

Mobile: ___________________________ Email: ___________________________

Names of people I would like to be rostered on with:

Please circle the days that you can help - list any dates that you are NOT available

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.30am-2pm</td>
<td>1.15pm-2pm</td>
<td>10.30am-2pm</td>
<td>1.15pm-2pm</td>
<td>10.30am-2pm</td>
</tr>
</tbody>
</table>

Comments: ___________________________
**Sutherland North Public School - Newsletter 2014**

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**The SNPS Lunch Box - WHAT’S HAPPENING TERM 2**

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**Welcome to Term 2 and some more interesting lunch dates we have in store for SNPS Lunch Box.**

Menu Changes – The SNPS Canteen price list has been updated, to reflect more accurate pricing for lunch ordering. The Canteen has kept its prices low for years, and unfortunately, the time has come to keep in step with the rising costs of products. Not all prices have risen, so please review the new price list carefully.

Fruit Cups – Are no longer available, but will be brought back in Term 4.

Aroona Mineral Water – This menu item will only be available whilst stocks last. A new item is coming – Quench Sparkling Mineral Water, but we do not have pricing as yet.

**Key Lunch Order Dates:**

**If ordering is required, forms will be sent out the fortnight prior and payment will be required up front.**

**Monday 12th May - Fresh Monday – Pre-Ordering Required**

**Butter Chicken and Rice Box**

- On its own $4.00
- With a 350ml Goulburn Valley Juice $5.50
  (Apple, Apple & Blackcurrant, Tropical)

**Monday 26th May – Try Something New – No Ordering Required**

**Ham & Cheese Croissant**

- On Its Own $3.00
- With your choice of Drink $4.00

**Monday 16th June - Fresh Monday – Pre-Ordering Required**

**Beef Stroganoff & Pasta Box**

- On its own $4.00
- With a Sparkling Mineral Water $5.50
  (Aroona or new Quench)

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**Thank you for supporting the Canteen**

**New Volunteers welcome!**

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*Auburn Street, Sutherland, NSW 2032. T: 95212226 F: 95451715 W: www.sutherlann-p.schools.nsw.edu.au*
## The SNPS Lunch Box Menu – TERM 2 2014

### Lunch Orders – Monday, Wednesday & Friday ONLY

### Snacks – Tuesday & Thursday

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Fruit Cup (Mon and Wed)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Banana Bread</td>
<td>$2.00</td>
</tr>
<tr>
<td>Half Slice</td>
<td>$1.00</td>
</tr>
<tr>
<td>Fruit Faces (Limit 5 per day)</td>
<td>5 for 20c</td>
</tr>
<tr>
<td>Raspberry Twister / Lic Strap</td>
<td>1 for 20c</td>
</tr>
<tr>
<td>JJ Snacks</td>
<td>80c</td>
</tr>
<tr>
<td>Koala Popcorn</td>
<td>$1.00</td>
</tr>
<tr>
<td>(Chicken / Burger / SnV / Pizza)</td>
<td></td>
</tr>
<tr>
<td>(BBQ / Chicken / Lite Salt)</td>
<td></td>
</tr>
</tbody>
</table>

### FROZEN TREATS

- Snap Sticks                        30c
- Traffic Light                      50c
- Milk Pop / Juice Pop               60c
- Mini Calippo                       80c
- Paddle Pop                         $1.20
- Lemonade Ice Twists                90c
- (Lemon / Raspberry-Pineapple)      |

### DRINKS

- Sparkling Mineral Water
  - Aroona **Whilst stock lasts** $1.70 Moove
  - Quench **Coming Soon** TBA
- Pump Water 400ml                   $1.20
- Milk                               $1.20
- Appleiser                          $2.00
- (Sparkling Apple)                  |

### HOT FOODS – LUNCH ORDER ONLY

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Strips</td>
<td></td>
</tr>
<tr>
<td>3 = 90c</td>
<td>OR 6 = $1.80 OR 9 = $2.70</td>
</tr>
<tr>
<td>Hasbrown</td>
<td>60c</td>
</tr>
<tr>
<td>Pie</td>
<td>80c</td>
</tr>
<tr>
<td>Garlic Bread</td>
<td>$1.00</td>
</tr>
<tr>
<td>Large Sausage Roll</td>
<td>$2.00</td>
</tr>
<tr>
<td>Hot Dog (Inc Tomato Sauce)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Pizza Single (Ham &amp; Pine)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Macaroni &amp; Cheese</td>
<td>$3.00</td>
</tr>
<tr>
<td>Lasagne</td>
<td>$3.00</td>
</tr>
<tr>
<td>Twister Bolognese</td>
<td>$3.00</td>
</tr>
<tr>
<td>Chicken Burger</td>
<td>$3.00</td>
</tr>
<tr>
<td>Lean Beef Burger</td>
<td>$3.00</td>
</tr>
<tr>
<td>Ham &amp; Cheese Croissant</td>
<td>$3.00</td>
</tr>
</tbody>
</table>

### COLD FOOD – LUNCH ORDER ONLY

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Garden Salad Box</td>
<td>$3.00</td>
</tr>
<tr>
<td>(Lettuce/Tomato/Carrot/Beetroot/Cucumber)</td>
<td></td>
</tr>
<tr>
<td>- Add Ham / Chicken / Tuna</td>
<td>+ 50c Party</td>
</tr>
<tr>
<td>- Add Cheese</td>
<td>+ 50c</td>
</tr>
</tbody>
</table>

### SANDWICHES

- Vegemite or Honey or Tomato      $2.00
- Cheese                           $2.50
- Ham                              $2.50
- Egg & Mayonnaise                 $2.70
- Salad                            $3.00
- (Lettuce/Tomato/Carrot/Beetroot/Cucumber) |

### EXTRAS

- Roll / Toasted / Mayonnaise       + 30c
- Ham/Tuna / Chicken / Cheese      + 60c Tomato

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All Lunch Orders to be written clearly on Brown Bag or Lunch Bag from Canteen Shop, with Name / Class / Details of order. We require Exact Money, change will be taped to front of lunch bag. We accept EFTPOS. www.sutherlann-p.schools.nsw.edu.au

Any short falls will need to be re-paid via Charge Note. Lunch Bag will be charged at 10c if not provided.
Talking Together & Fighting Fair

... How to enjoy talking together and avoid misunderstanding (even about difficult topics!)

Develop skills to...

- Express concerns in a helpful and constructive way
- Reach an understanding of each other
- Communicate clearly about important issues
- Make handling of differences of opinion easier and more effective
- Manage conflict constructively
- Resolve conflict when emotions are running high
- Identify differences which cause conflict
- Make decisions and negotiate outcomes which are satisfactory to both partners

Dates: Thursday nights for 6 weeks beginning the 15th of May 2014 to 15th of June

Time: 6:30pm to 9:30pm   Cost: $150 per couple

... Arguing is a normal part of relationships, but it’s how you do it that counts

BOOKINGS ESSENTIALS
Family Relationship Centre
383 Port Hacking Road South Caringbah NSW 2229
8522 4450

www.interrelate.org.au
1300 736 966

Seasons For Growth

An six week program for Children aged 6 to 12 years that have experienced grief and loss in their lives due to a significant change – such as death, separation of parents or change in location.

When: Monday afternoons 12th of May to 23rd of June

Time: 4pm to 5pm

Venue: Interrelate Family Centre
383 Port Hacking Road south Caringbah

Cost: $50 per child

The program is held in small groups and assists young people to:

- Understand and talk about the normal range of emotions experienced during major change, grief and loss.
- Build positive relationships with family and friends.
- Participate in a caring and confidential network of peers and adults.
- Explore the skills needed for resiliency.
- Revise current beliefs and plan for a realistic and hope-filled future.

Limited places apply, to reserve your spot please phone Interrelate Family Centre
8522 4450